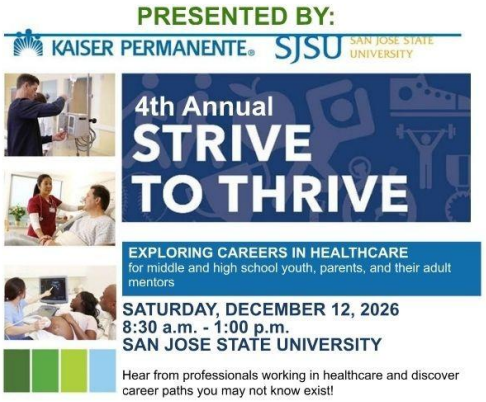

Registration starts at 8:30 a.m. and the program runs from 9 a.m. to 12:45 p.m.

Students will attend a morning session focused on SJSU opportunities, health majors, and resources for students. Participants will then choose to attend two workshops, the first being the morning session from 10:10 a.m. to 10:50 a.m. and the second being from 11 a.m. to 11:40 a.m. The program concludes with a Resource Fair featuring over 25 booths and interactive displays, each one focused on a particular career path and opportunities in the healthcare field.

Our Workshop Sessions may include:

1. **Exploring the World of Nursing** – Interactive Displays
   Nurses provide a pivotal and dynamic role in healthcare, serving as the primary coordinators of patient care and the essential link between patients and an ever-expansive medical team. From high-stakes environments like the Emergency Room (ER) and Intensive Care Unit (ICU) to community health and primary care offices, nurses can choose from a vast array of specialties. Pop into this session to gain a deeper understanding of a nurse's daily responsibilities and explore more about the world of nursing by way of interactive displays.

2. **A Physician's Perspective in Navigating a Career in Health**
   This session will explore the importance of integrating cultural competence, language, and an awareness of the specific needs for multi-ethnic and multi-lingual communities from the perspective of a physician. Sit in on this presentation to learn about what it really means to be a practicing physician and how to get on the physician career track.

3. **Discover a World of Opportunities in Mental Health**
   The mental health field offers a diverse range of career paths, each with unique focuses and responsibilities. Learn about how mental healthcare specialists' work makes a positive impact on people's lives and why mental health is a vital component of overall well-being, alongside physical and emotional health.

4. **Career Technical Education and Opportunities for Health Care Jobs**
   This workshop is for high school students and adults considering job opportunities in healthcare positions requiring certifications, technical skills, work-based learning and more. The panelists will consist of presenters representing two major Bay Area organizations geared towards uplifting youth within their communities, Metro Ed and Bay Area Medical Academy Technical Schools.

5. **KP LAUNCH- Kaiser Permanente Paid Internship Program**
   KP Launch offers young adults paid internship opportunities in our local hospitals, and medical office buildings. This 7-week summer paid internship provides practical job skills and experiences to successfully pursue employment in health professions. Sit in on this workshop to listen to the program director, Barry Dinkins, discuss the benefits of this life-changing program and how to apply for this year's upcoming cycle.

6. **How are Robotics Used in Surgery?**
   In this session, you can learn a bit about what surgery looks like in the operating room and figure out whether the field of surgery in healthcare is for you. As science continues to advance, tools like Robotics and more have begun to slowly matriculate into surgery processes, paving the way for practicing surgeons to access research and care that is minimally invasive care for their patients. Hop into this workshop to learn about the ins and outs of the health care system of care for patients from the viewpoint of a surgeon, from what tools they use to the mental headspace they must be in to complete difficult procedures.

7. **Behind the Counter in Pharmacy**
   Patient care doesn't end once we leave the clinic or the hospital. More often than not, patients require follow-up appointments or prescription medicine to complete their health care journey, which is only possible with the assistance of pharmacists, pharmacy technicians, clerks and more. Many positions in pharmacies are based in hospitals, clinics, and drug stores. These positions help employees garner highly transferable skills applicable within pharmacy as well as a number of other fields in healthcare. Sit in on this workshop to get an inside peek into the daily work of an individual in the pharmacy field and exactly how they got there.

8. **Physical Therapy: From Injury to Recovery, It's More than Just Rehab**
   While athletic trainers usually take the lead in providing immediate care on the sidelines during games like Friday Night Football, physical therapists play a crucial role in long-term rehabilitation and injury prevention. When injured patients find themselves in need of help that goes beyond immediate healthcare services and provides them with long-term support in maintaining a range of movement or increasing their ability to engage in athletics – they look to physical therapists for help. Jump into this session to learn a bit more about what working physical therapy entails beyond the green of the field.

9. **Childhood Health-Beyond the Check Up - A Journey from Cradle to Campus**

   Explore the dynamic world of pediatric health, viewing the child's journey from birth through adolescence as a seamless continuum of care. Learn how pediatric services have a holistic view of care that includes behavioral, social, and emotional wellness alongside physical health. In this workshop, a panel from Kaiser Permanente's pediatric team will share careers in children's health beginning with a patient's first cry in the delivery room to their walks across a high school graduation stage.

10. **Emergency Medical Services Beyond the Siren: What is it like to work in an Ambulance?**

    Emergency Medical Services provide timely, effective, and compassionate pre-hospital care to those in need, acting as the first point of contact and first responders in an emergency. They are typically recognized by the ambulances and other emergency vehicles they drive, but EMS personnel do a lot more than coordinating ambulance arrivals and dispatch. EMS is a comprehensive system involving a wide range of people and agencies, including dispatchers, first responders, and medical professionals.

11. **Discover Women's Health and Midwifery**

    Women's health goes far beyond pregnancy and routine checkups — it's a dynamic field that connects specialized medicine, lifelong wellness, and emotional care at every stage of life. Discover career pathways as Certified Nurse-Midwives (CNMs) and Nurse Practitioners (NPs), from supporting pregnancy and childbirth to providing essential medical care for women of all backgrounds. Join us to explore how this compassionate, whole-person approach to healthcare is actively bridging the gender gap in medicine.

12. **Beyond the Words: Speech, Language and Communication**

In this immersive session, students will be invited to expand their horizons "beyond the words" to understand the fascinating field of Speech-Language Pathology (SLP). Like detectives, SLPS blend science, anatomy, psychology, and linguistics to help people overcome speech, language, challenges—restoring their ability to connect with the world. Leap into this workshop to learn more about SLP career paths and their day-to-day schedules.

13. **Mapping Your Future in Dentistry, From SVCTE to Advanced Practice**

Dental Assisting is a high-demand, fast-growing profession. Luckily, numerous pathways to the position are offered through Silicon Valley Career Technical Education (SVCTE) and community college programs. Demand for Dental Assistants continues to rise for both entry-level positions and experienced professionals. Students should absolutely sit in on this panel to learn more about occupations across the field, including dental assistants, dental hygienists, orthodontic assistants, lab technicians, and dentists.

14. **Community Health Workers: Building Healthier, Connected Communities**

A Community Health Worker (CHW) is a trusted, frontline public health professional with deep cultural roots in the community they serve. By building strong relationships, CHWs act as a vital bridge between individuals and healthcare or social services, improving care quality, expanding access, and advancing health equity. LEAD Filipino and the API Consortium will describe careers such as Promotoras, Health Navigators, and Peer Educators drive positive health outcomes across Latino, Black, and Asian communities. Jump into this presentation with LEAD Filipino to learn more about the integral work of CHWs in our communities.

15. **Humanity in Patient Care for Individuals with Cancer**

Grounded in the belief that the best doctors are partners in your care, Dr. Hoa Le works side-by-side with patients and families to tailor personalized treatment plans for one of life's most challenging journeys. He says that, from diagnosis to prognosis, guiding individuals through their oncology care is deeply rewarding work. Together with a multidisciplinary team, including surgeons, radiation doctors, patient navigators, social workers, infusion nurses, and palliative care specialists, Dr. Le builds clear, compassionate treatment strategies carefully aligned with every element of cancer care. Sit in on this workshop to learn more about Dr. Le's approach to patient-centered care.

16. **Inside the ER: Fast-Paced Emergency Medicine Uncovered**

Have you ever wondered what really happens behind the double doors of an Emergency Department? Real emergency medicine is far more dynamic than any TV show. It takes a tight-knit team of doctors, nurses, paramedics, and specialists to manage the fast-paced, unpredictable environment of an ER. Join Dr. Markowitz and Dr. Navarro in this panel to discover how care teams maintain focus in high-pressure moments, and how patients are triaged, diagnosed, and treated.